

Study on Health Problems of the Farm Women

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ABSTRACT

A study was carried out from two agro – climatic zones of Maharashtra viz., Nanded district from Central Maharashtra Plateau zone and Nagpur district was selected from Central Vidarbha zone. The research consist sample of six hundred farm women 200 each from urban, rural and tribal areas. The respondents were interviewed personally. In the study, health problems of the farmwomen were studied. The results showed that the average height of the farmwomen was 149.46 cm while average weight was 51.20 kg. It was also observed that an average body mass index of the women was 22.88. As far as health problems of the farmwomen were concerned, it was noticed that the women faced relatively less digestive and respiratory disorders. But, they were suffering mainly from body pains like joint pain, back ache, pain in legs, pain in waist etc. Majority of them were not suffering from any chronic disease. It was observed that menstrual cycle of majority of them was regular, most of them were contacting private doctor at local level during disorders of the health. Traditional chulla was the main means on which food was prepared. Majority of the farmwomen were found to be following new cooking methods for food preparation. Tap water was the main drinking water source for majority of the families and majority of the respondents were non-vegetarian.

Key words : Farmwomen, Health problems.