

Impact of Stress on Family Functioning among Nursing Professionals During COVID-19 Pandemic

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ABSTRACT

Covid-19 is a respiratory disease caused by the novel virus SARS-COV-2 which was declared as global pandemic by WHO in march 2020. This was the time when all the countries all over the world imposed different degrees of restriction to prevent spreading of infection. Many research studies have focused on the general population, and frontline workers affected by covid-19. They found increase in mental health problems, consistency of psychological stress, anxiety and depression. The present study was taken to study the impact of stress experienced by the nursing staff on parenting and family adjustment. Employing the purposive random sampling technique, the study was conducted in Guntur district of Andhra Pradesh. Sample size was 120 nurses which included 60 nurses each from both government and private hospitals respectively who were between 30-40 years of age. Stress among nurses was measured by using Stress scale developed by Sharma and Sharma (2019) and Parenting and family Adjustment scale developed by Sanders *et al.*, (2014) was used to assess the family functioning. The results revealed The parent and family functioning score where negatively significant associated with stress level of nursing staff during COVID-19 pandemic. Interestingly. It was found that nurses working in government hospitals found to have high level of stress compared to private hospitals. Similarly the parenting and family adjustment problems were more in nursing families working in government hospitals compared to private hospitals.